

Educaterers Lunch Menu Week 1 – w/c 7/3, 28/3, 2/5, 23/5, 20/6, 11/7.

Meat Free Monday



(v) Quorn Dippers G.D.E.

or



(v) Veg Korma with Oumph SB.M.D.E
Oumph the Chunk is a tasty plant based alternative to chicken

or



(v) Cheese/Beans D.

or



(v) Cheese D.

or



Tuna Mayonnaise F.E.

Tuesday



Pork Sausages G.SU.

or



(vg) Plant Power Balls

Wednesday



British Roast Chicken, Stuffing G.

or



(vg) Quorn Roast G.
Optional Stuffing G.

Thursday



Pasta Bolognese G./Cheese D.

or



(vg) Veggie Hot Dog G.

Friday



Salmon Fishcake F.G.SB.

or



(v) Rustic Cheese & Tomato Pizza D.G.

Jacket Potatoes Every Day



Week 1 Dessert Menu

Every day we offer:

(v) Yoghurt, (D.) or
fresh fruit as alternative dessert options

Monday

(vg) Homemade Flapjack G.
(v) Cheddar Cheese, Crackers
and Apple Slices G.D.

Tuesday

(v) Homemade Banoffee Cake
with Toffee Drizzle SB.D.E.G.
(v) Chocolate Swirl Mousse D.

Wednesday

(v) Homemade Strawberry Slice G.
with Custard D.

Thursday

(vg) Homemade Jammy Cookie G.

Friday

(v) Ice Cream Tub D.
(v) Homemade School Favourite Iced Sponge
with Fruit G.E.

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

Accompaniments may vary to those shown in the photographs.

Key

vg = vegan

V = vegetarian

D = Dairy

N = Coconut/Nuts

S = Sesame

E = Egg

G = Gluten/wheat

F = Fish

M = Mustard

SB = Soya

SU = Sulphites



Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.