

ISOLATION PERIODS, DEFINITIONS OF CLOSE CONTACT AND INFECTIOUS PERIOD FOR COVID-19

- positive person: isolate for at least 10 days AND until well and fever free for 48 hours
- Identify **ALL** close contacts in infectious period (see below for definitions) – all to isolate for 10 days (14 days if contact in a health and care setting)
- ❖ *Contacts don't need a test unless have symptoms*
  - ❖ *Close contacts that receive a negative test result must still complete 10-day isolation (14 days if contact in a health and care setting)*
- Follow [‘Stay at home’](#) guidance

DEFINITIONS	
TYPE OF CONTACTS	INFECTIOUS PERIOD
Any physical contact (any duration)	If symptomatic: 2 clear days before day on which symptoms start – and for 10 days after
Close contact under 1m for 1 minute or more	
Face-to-face contact under 1m (any duration)	No symptoms: 2 clear days before the day of the test – to 10 days after
Close contact for 15 minutes or more	
Close contact in a vehicle	