

Annual Report Sept 2019-Sept 2020

Hello Everyone!

Barnardo's began delivering the new contract for Children and Family Centres across Warwickshire in September 2019. We are pleased to present our annual report of the first year of operation.

We started the contract welcoming the new staff from Stratford District with 3 new Centres, as well as taking on responsibility for Stockingford Children and Family Centre in Nuneaton, and handing over responsibility for our Bedworth Centres to St Michael's. Just when we had finished implementing all these changes COVID 19 struck! We have altered our delivery significantly over the year to ensure that we are still supporting children and families across Warwickshire.

We kept a number of centres open in Nuneaton and Lillington to support essential services, largely midwifery. We also moved to developing our online offer with each Borough/District quickly setting up an online timetable of activities for parents to do with their young children. This was supplemented with phone calls to families and some doorstep delivery of well being packs.

We have gradually reopened all of our centres for a range of services but have had to limit activity to ensure we are COVID safe. We have put in a huge amount of work to ensure that this is our priority. We should applaud our fantastic teams for delivering a range of targeted and universal provision to our vulnerable service users across the county. Our staff alone supported 5,463 individuals during this period and we supported our partners; Midwives, Health Visitors, Early Help, Citizens Advice, to reach many more families at our centres.

**"I like to bring
my child for a
play. This gives
mum a break."**

Who knew, we would all get IT savvy by utilising Zoom, Facebook and WhatsApp to deliver to our families! I hope that you enjoy reading just some of the highlights of the year below!

Sue Berry – Assistant Director – Children' Services

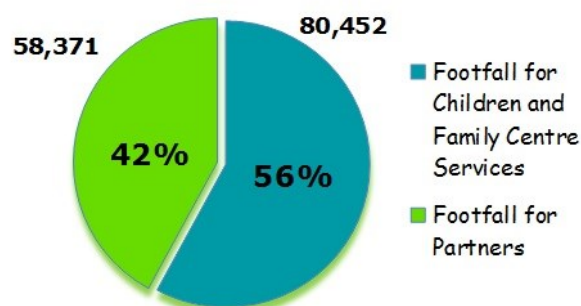
Footfall for Children & Family Centre, & Partner Services

**As of 30th September 2020,
our total footfall was**

138,823

**for Children & Family Centre
and Partner services.**

Footfall - a number of occasions an individual has accessed a service(s)



Supporting our Partners

Partner organisations include:

- 0-5 Public Health Services
- Early Help and Social Care Services
- Family Information Service
- Midwifery
- Schools; Early Years settings and Health & Wellbeing Service
- MIND / RISE (CAMHS)
- Speech & Language Therapy
- GPs
- Faith and community organisations
- Strengthening Families
- Department for Work & Pensions
- Adult & Community Learning
- Citizens Advice Bureau
- Targeted Youth
- Youth Justice
- CAB
- Relate
- Refuge



Supporting families with play & learning at home....

Our Children and Family Centres in Warwickshire offer activities for under 5's, and work with partners to provide support for families with children or young people aged 0-19 (or up to 25 for young people with additional needs).

Parent Feedback :

"Such a fab idea, (my daughter) loved exploring her bag and has made a hedgehog picture this morning"

"The craft bags are an excellent idea and my kids absolutely love them. Perfect for my children's ages and they have lots of fun creating stuff with the contents. We even went on a walk after receiving the autumn ones to collect some more sticks, leaves and conkers. Thank you" (Nuneaton)

"Hi thank you for the Autumn bag, it's been lovely to use and the ideas are great', 'we have made the tissue paper tree" (Nuneaton)

100 craft resource bag's were created and delivered to families across Nuneaton and North Warwickshire this autumn to support children's play and learning at home.

**Nuneaton & North
Warwickshire
October 2020**



Supporting families with a sleep routine...

Alison, a mum of two young children was at breaking point, due to one of her children not sleeping. The Early Years Practitioner encouraged Alison to keep a diary, explored bedtime routines, discussed the children's diet, and supported mum with a new bedtime routine. After two nights of the new routine mum reported the child was sleeping through the night, and mum herself was feeling a lot more positive.

Parent feedback:

"I have been receiving virtual sleep support from (EYP) for the last few weeks. My little boy has gone from waking hourly throughout the night to sleeping through 95% of the time! This time at home has been perfect for us to focus on (his) sleep routine and the regular support from (EYP) has been so helpful in us achieving this! Thank you so much!"

Supporting families to cook healthy on a budget.....

8 families took part in a live online cooking course, we delivered all of the ingredients and they joined Anne Marie and Jacqui on Zoom.

Parent feedback:

"Has been very useful to learn about new ways of cooking and ways to put different ingredients together to make a simple quick dish"

"Did amazing and I loved all the dishes thank you very much will do it again."

"Thank you for keeping us occupied in lockdown!!"



Warwick August 2020

Supporting our Parent Champion

'I was invited to join the newly created Stratford Local Network Group (LNG) in summer 2019. As an independent provider of a family friendly cafe, I took on the Chair role. It has enabled me to meet many different people from all sorts of organisations and create good working relationships. It has also enabled me to learn about the services in the area and help to shape those services for local families. Being out of this type of work for a number of years, my confidence has improved and it has opened many doors for me, including further training and volunteering through the Parent Champion programme. All this means I can provide a better and more valuable service to the families I support, which is what it's all about!'

Stratford June 2020

Supporting our Volunteers

From 1st Sept 2019 to 30th Sept 2020 our volunteers across the county supported us with service delivery

2,410 hours

Alison came to us at a challenging time in her life, after the death of her Mother. She had resigned from her previous job as she wanted a part time role and felt at a very low ebb. She felt her Volunteering role gave her a new focus and she gained strength from the appreciation she felt. Alison feels that her role and the time she spends in Centre's has a positive impact on her mental health. From the confidence Alison gained while Volunteering, she went on to gain part time employment at a Nursery while continuing to Volunteer with us!



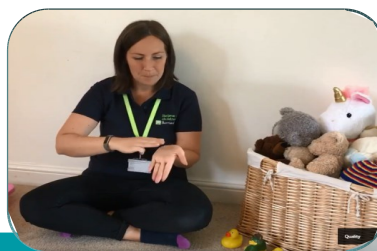
"Volunteers are crucial to the success of our service delivery and support us in many ways. Rugby borough are very proud that one volunteer has been awarded Young Volunteer of the Year. Her award was presented by the regional director Hugh Sherriffe "

Rugby October 2019

Equality, Diversity, & Inclusion, through our virtual offer...



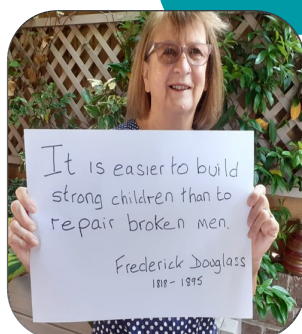
Stories read in community languages such as Urdu, and Russian...



"No matter what people tell you, words and ideas can change the world"



Video's with Makaton and stories using signing...



During September, we got ready for Black History Month October 2020. We created story videos about important people and events from black history. The whole team got involved in the learning and created a safe space to ask questions and to share relevant documentaries, films, articles and books.

Our favourite important quotes from Black History!

Warwick, September 2020

Finally...

The year ahead still presents us with lots of challenges. We plan to keep our Centres open, and with our partners, gradually increase our offer to families. We plan to keep some of our digital offer as we have realised that not all families can access our Centres, and sometimes it is a good way to reach people who otherwise wouldn't be able to attend in person. Families have told us they are desperate to get out and meet others, so we will gradually increase what we are providing in centres face to face, to enable families to do this.

Contact Us

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children**
 **Barnardo's**

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