

Monday

**Story Time**

Early Years Video  
Find on Facebook

*Story every week read  
by one of our team*

**Alcester C&FC**

**Baby Massage**  
10:00am - 11:00am  
5 week course

**Talk and Play**  
1.30pm - 2.30pm  
4 week course

**Community Chat**

Second Tuesday of  
every Month

Find out what is going on in  
Stratford District. Short  
interviews on our Facebook  
page with members of our  
Local Network Groups.

For more information on  
Community Development  
please call  
**Graham Lowther**  
07594510678

Tuesday

**Badger Valley, Shipston**

**Let's Play**  
10:00am - 11:30am  
4 week course

**Lighthorne Heath C&FC**

**Baby Time**  
10:00am - 11:00am  
4 week course

**Stratford C&FC**

**Baby Time**  
10:00am - 11:00am  
4 week course

**The Grange Hall, Southam**

**Baby Massage**  
1:15pm - 2:15pm  
5 week course

**Baby Chatter Matters**  
2:30pm - 3:30pm  
5 week course

**Baby Massage**  
2:30pm - 3:30pm  
5 week course

Wednesday

**Family Learning**

**Ideas & Activities on  
Facebook**

**Stratford C&FC**

**Let's Play**  
10:00am - 11:30am  
4 week course

**Alcester C&FC**

**Let's Play**  
10:00am - 11:30pm  
4 week course

**Stratford C&FC**

**Baby Massage**  
1:30pm - 2:30pm  
5 week course

**Lighthorne Heath C&FC**

**Let's Play**  
2:00pm - 3:00pm  
4 week course

**Alcester C&FC**

**Baby Chatter Matters**  
2:00pm - 3:00pm  
5 week course

Please remember to wear suitable  
clothing for all weathers

Thursday

**Badger Valley, Shipston**

**Baby Chatter Matters**  
10:00am - 11:00am  
5 week course

**Baby Massage**  
11:30am - 12:30pm  
5 week course

**Lighthorne Heath C&FC**

**Talk and Play**  
10.00am - 11:00am  
4 week course



**Stratford C&FC**

**Talk and Play**  
2:00pm - 3:00pm  
4 week course



Find us on Facebook:

@stratfordchildrenscentres

Friday

**Early Years Update**

*Find on Facebook*

**Stratford C&FC**

**Baby Chatter Matters**  
1:30pm - 2:30pm  
5 week course

**Booking Sessions**

Sessions have very limited  
numbers. **Please book as soon as  
you can** to avoid  
disappointment. We can always add  
you to the next Course dates.  
Sessions **FREE OF CHARGE**

**Alcester 01789 764093**

**Lighthorne Heath**

**01926 691105**

**Stratford 01789 266624**

## Venue Contact Details

**Stratford C&FC**  
c/o Bishopton Primary School  
Drayton Avenue  
Stratford upon Avon  
CV37 9PB  
**Tel: 01789 266624**

**Alcester C&FC**  
c/o St. Nicholas CE Primary  
School  
St Faiths Road  
Alcester  
B49 6AG  
**Tel: 01789 764093**

**Lighthorne Heath C&FC**  
Stratford Road  
Lighthorne Heath  
CV33 9TW  
**Tel: 01926 691105**

**Badger Valley Outreach**  
Tilemans Lane  
Shipston on Stour  
CV36 4HP

**The Grange Hall**  
Coventry Road  
Southam  
CV47 1QA

**Adult & Community Learning Courses**  
Free courses for families  
children (2-7 years) offering  
opportunities to explore early learning  
developments.

[www.warwickshire.gov.uk/acf](http://www.warwickshire.gov.uk/acf)

Follow the links for free online parenting guides to understanding your child's behaviour:

<https://familylinks.org.uk/parents>

<https://www.warwickshire.gov.uk/parentguides>

<https://warwickshire.gov.uk/parentingcourses>

For support around debt, housing, finance or information around childcare; children & young people please contact the Family Information Service on 01926 742274 or visit:

[www.warwickshire.gov.uk/fis](http://www.warwickshire.gov.uk/fis)

## Activity Information

### Pre-booked Sessions

**Baby Time:** 4 week course, relax, play and socialise with your baby in a friendly, informal environment.

**Let's Play:** 4 week course incorporating paint and print, messy play, malleable play, sound and music and outdoor play.

**Baby Massage:** 5 week programme teaching parents the skills of massage which has many benefits for baby & helps to create a close bond, suitable from newborn.

**Baby Chatter Matters:** 5 week course of fun through songs, rhymes and sensory activities for babies to support their early communication skills, suitable from 3 months +

**Talk and Play:** 4 week course, small group, using different targeted activities to develop speech language and communication.

**Wellcomm screens:** A speech & language toolkit which can pinpoint areas in your child's speech which can be enhanced with targeted activities to help your child speak clearly and with confidence.

**Speech & Language:** If you have concerns regarding your child's speech and language the team are available for telephone consultations. Get in touch to book a call on 02476 378620

**Health Visiting Team Clinic:** Talk to a trained health care professional about any family health or developmental concerns and/or get your child weighed. If your child is ill please contact your GP. **Prebooked appointments, please contact your Health Visitor to arrange.**

## Health Visiting Team Contact Numbers

**Stratford - 01789 405122**

**Shipston & Wellesbourne - 01789 412844**

**Alcester, Bidford on Avon, Studley & Henley - 01926 567098**

**Southam - 01926 815045**

For more information regarding Health Visiting Team Clinics in the South please visit:

<https://www.swft.nhs.uk/our-services/children-and-young-peoples-services/health-visiting>

## Other Services - Please ask a member of Staff for more information

### Midwifery

Postnatal & Antenatal Clinics.  
Appointment only.  
**Infant Feeding Team**  
**07926 626529**

### Health Visiting Team Introduction to Solids

Please contact your local Health Visiting

### Physio Advice Clinic

If you have concerns with pre-school child's physical development.  
**01926 413737 Option 1**

### Warwickshire Health Visiting Team Text Chat Service

**Advice & support for parents of pre-school children in Warwickshire**

**TEXT: 07520 615293 ( 9am - 5pm Monday to Friday)**

### Parenting Courses Warwickshire Children and Families

Virtual courses booked through Eventbrite

<https://www.eventbrite.co.uk/o/warwickshire-children-and-families-17595309993>

### Virtual First Aid Courses

Learn Basic Life Saving Techniques.  
Please contact your local Children & Family Centre for more information.

### Parenting Project

Counselling Service, Lego Therapy, Family Support for families with children 0-19(25) & New Baby Programme.